

Item	FRANCE	BELGIUM	SPAIN	ITALY
DENOMINATION	Family Life Assistant	<i>Family Assistant</i>	<i>Family Worker</i>	<i>Auxiliaire socio assistenciel</i>
PROFESSIONAL ROLE	<p>The Family Life Assistant renders the services expected by the people with whom he/she is involved in order to contribute to keeping them at home and to facilitate their daily lives. The activity includes the performance of their domestic tasks (housekeeping, laundry, shopping, and preparation of meals); assistance with the acts that concern them personally (their personal hygiene, their food, their travel); taking charge of their young children. This job is performed among families among people known as "fragile" or "sensitive", such as young children, the sick, the handicapped and the elderly, either occasionally or regularly.</p>	<p>The Family Assistant is a qualified and skilled person, called upon to intervene in families, among patients, elderly or handicapped people in difficulty in order to accomplish all the acts of daily life and to ensure a proper quality of life. The Family Assistant intervenes at various levels: at the individual level, he/she intervenes in relation to the person being helped; at the collective level, he/she brings to the family and its environment practical assistance organized and supported by the community; at the preventive level, he/she identifies and reports situations at risks; at the curative level, he/she ensures an educational, medical, relational and social assistance role in people's daily lives.</p>	<p>This profile is characterised by direct intervention, sometimes in old people's homes, and in particular in the private home of the beneficiary of the service, in order to take care of the entire family setting in which the Family Workers work. They work with various groups of people: children, family, fragile or at-risk people, the handicapped and the elderly.</p>	<p>The ASA is an operative of regional level and recognition - who takes every measure to support the helped person at the psychological and physical level and to reduce the risks of isolation and exclusion, by contributing to all the tasks and the daily personal activities. The ASA offers direct personal care assistance; supports the person in the latter's relational life; deals with hygiene; prepare the meals and helps at mealtime; deals with a part of the shopping and settles bureaucratic matters (charges, etc); manages the relationships with the public services. He/she Practices the profession by following the planning and the operational protocols drafted by the medical or social managers.</p>
SKILLS	<p><u>Technical Skills</u></p> <ul style="list-style-type: none"> - Assisting people in the accomplishment of their domestic tasks; - Housekeeping - laundry - preparation of meals, and shopping; - Acting as childminders and babysitters in their own homes; - Assisting people in the accomplishment of their acts of daily life; intervention on behalf of dependent persons; - Handling people with or without specialist appliances; - Notions of psychology applied to the elderly, patients and the handicapped at the end of their lives; - Administrative formalities; 	<p><u>Technical Skills</u></p> <p>Contributing, within the limits of his or her function, to people's daily well-being in the following fields:</p> <ul style="list-style-type: none"> - <i>Assistance with daily life:</i> Accompaniment of children, the elderly, patients or the handicapped, assistance with outside travel, shopping, maintenance of inhabited rooms and laundry, and preparation of meals; - <i>Medical role:</i> Tasks relating to the person's hygiene, health, comfort and safety; - <i>Educational role:</i> Life hygiene advice, adaptation of the housing, support of the families in their educational role, evaluation and stimulation 	<p><u>Technical Skills</u></p> <ul style="list-style-type: none"> - Knowledge of the legislation relating to social services and family assistance - Execution of various tasks in the home or in hospital as for example hygienic care of the patient or of the people for whom they are responsible. <p>Direct personal care assistance (for the primary needs, the psychological and physical well-being, walking, the correct use of the medication, the preservation of the remaining capacities, and the</p>	<p><u>Technical Skills</u></p> <p>Direct personal care assistance (for the primary needs, the psychological and physical well-being, walking, the correct use of the medication, the preservation of the remaining capacities, the physiological functions)</p> <ul style="list-style-type: none"> - Execution of housework tasks either at home or in the home of the assisted person in order to ensure the hygiene and the suitability of the environment; - Collection of information for accessing the services, or for hurrying things up;

	<p>- Accompaniment in their leisure-time.</p> <p style="text-align: center;"><u>Relational Skills</u></p> <ul style="list-style-type: none"> - Transmission of information (relations with the family, with the other people involved, relational notebook). - A command of oral and written French. <p style="text-align: center;"><u>Transversal Skills</u></p> <ul style="list-style-type: none"> - Social, communication, problem-solving, and self-management. 	<p>of the beneficiary's potentialities;</p> <p>Observing and notifying changes in the beneficiary at the physical, psychological and social levels in the context of the activities of daily life.</p> <p style="text-align: center;"><u>Relational Skills</u></p> <p>Establishing an appropriate human relationship and ensuring adequate professional communication with :</p> <ul style="list-style-type: none"> - The beneficiary, and his or her family and entourage, - The hierarchical managers, The other members of the team. <p style="text-align: center;"><u>Transversal Skills</u></p> <ul style="list-style-type: none"> - Social assistance: coaching of the beneficiary at the time of his or her administrative formalities and with the organisation of his or her budget - Calling upon and orienting towards specialist services or organisations. - Becoming part of a service team and exercising his or her function in close collaboration with the social worker(s) responsible for his or her supervision, particularly in the search for other people involved; - Participating in the transmission of information by means of written reports; - Transmitting his or her observations and information at the co-ordination meetings in order to optimise the assistance's efficacy; - Applying deontological and ethical principles and complying with the legal framework - Ensuring support for the beneficiary by respecting the latter's identity and religious, philosophical and cultural choices (including at the end of life); - Involving him or herself in a continuous training process 	<p>physiological functions)</p> <ul style="list-style-type: none"> - Execution of housework tasks either at home or in the home of the assisted person in order to ensure the hygiene and the suitability of the environment; <p style="text-align: center;"><u>Relational Skills</u></p> <ul style="list-style-type: none"> - Communication with the people and the family or with other employees who are providing care or are connected with the case. - Working as a team <p style="text-align: center;"><u>Transversal Skills</u></p> <ul style="list-style-type: none"> - Knowledge of the context, the country and the workings of the welfare system in which they work. - Social skills (teamwork, team working skills, social perception (listening, understanding, communicating, networking, language, and interculturality) <p>Problem-solving skills (analytical, interdisciplinary, proactive, and creative)</p> <p>Self-management skills (planning, stress and time management, flexibility and multitasking)</p> <p>Entrepreneurial skills (supplier/customer relation, business understanding, development)</p> <p>Observation skills, tact, organisational practicality</p> <p>Attitudes: responsibility, respect, initiative, self-starting, emotional stability,</p>	<p style="text-align: center;"><u>Relational Skills</u></p> <ul style="list-style-type: none"> - Communicating with the person, the family and the workers concerned; - Working as a team - Collaborating in the reception phases and on the presentation of the objectives of the assistance actions; - Promoting participation in the social integration initiatives both in private homes and in the territory; <p style="text-align: center;"><u>Transversal Skills</u></p> <ul style="list-style-type: none"> - Complying with the laws on data protection and the protection of health at work, preventing risks and pursuing safety; - Encouraging and organising social integration and recreational activities; - Using basic computer tools, for example, simple communication and management programmes; - Applying deontological and ethical principles and complying with the legal framework.
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			patience, flexibility, discretion and warmth	
WORK CONTEXT	<p>His or her campaign is exercised within the approved home assistance services supported by the community and the public authorities</p> <p>Assistance services for families and elderly people,</p> <ul style="list-style-type: none"> ◆ Home care and services co-ordination centres, ◆ Integrated home care services, ◆ Family assistance services. 	<p>This job is performed among families among people known as "fragile" or "sensitive", such as young children, the sick, the handicapped and the elderly, either occasionally or regularly. This employment can be performed for a single employer or for multiple employers. It can be performed full-time, but, usually, it is performed part-time.</p>	<p>They can work in hospitals, care homes, houses, for government services. Assisting people at risk or the handicapped in various specialist centres of the sector.</p>	<p>He/she can work in private and care homes, for the elderly, invalids, families in difficulty, chronic or terminal patients. He/she co-operates with the professional workers of the personal care and field and with all the other workers concerned.</p>
BENEFICIARY TYPOLOGY	<p>This job is performed among families among people known as "fragile" or "sensitive", such as young children, the sick, the handicapped and the elderly, either occasionally or regularly.</p>	<p>Among families, the elderly, patients or handicapped people in difficulty</p>	<p>Various groups of people: children, family, fragile or at-risk people, the handicapped and the elderly.</p>	<p>Elderly people, invalids, people in difficulty, chronic or terminal patients</p>
REQUIRED DIPLOMA	<p>Diploma: Family Life Assistant Certificate (Validation of the three Professional Skills Certificates)</p>	<ul style="list-style-type: none"> - Personal Care Assistant Certificate - Family Assistant Certificate - <p>Registration with the subsidizing authorities</p>	<p>Family Worker Diploma</p>	<p>"Ausiliario/a socio assistenziale"/ADEST qualification for the other Regions</p>
TRAINING COURSE NAME	<p>Family Life Assistant</p>	<p>Social Development Teaching Certificate, "Family Assistance" Section (which issues the family assistance qualification certificate corresponding to the full-term teaching certificate)</p>	<p>Family Worker</p>	<p>Qualification course for Ausiliario/a socio assistenziale / for ADEST in the other Regions</p>

CONDITIONS OF ADMISSION	<p>Age : At least 18</p> <p>Diploma: Level 6th - 5th or equivalent</p>	<p>- Age : 18 years</p> <p>- Good physical health confirmed by the occupational medical staff</p> <p>- Character Reference</p> <p>- Diploma or certificate of secondary education:</p> <p>- Successful completion of a written comprehension test.</p> <p>For foreigners: Ditto</p>	<p>- Age : 16 years</p> <p>- Education: Primary</p> <p>Minimum lower secondary education</p>	<p>- Age : 18 years</p> <p>- Good physical health confirmed by the occupational medical staff</p> <p>- Level II qualification certificate (Training/schooling obligation)</p> <p>- For foreigners: relevant diploma and knowledge of the Italian language</p>
TRAINING COURSE DURATION	<p>(840 hours)</p> <p>with traineeship period in a company</p>	<p>1,242 hours</p> <p>(662 hours of course, 580 hours of traineeship, 34 hours for the integrated Test</p>	<p>715 hours</p>	<p>800 hours</p> <p>(350 of theory, 100 of directed work, 350 of traineeships)</p>
TRAINING CONTENT	<p>The training consists of three alternating modules and periods in a working environment representing at least 9 weeks over the 24 weeks of the training:</p> <p>Discovery Module of the Life Assistant training and job</p> <p>Module 1: Assisting People In the Accomplishment Of Their Domestic Tasks:</p> <p>Module 2: Acting As Childminders And Babysitters In (Their) Homes;</p> <p>Module 3: Assisting People In The Accomplishment Of Their Acts Of Daily Life;</p>	<p>Discovery Module Of The Personal care assistance And Care Professions</p> <p>Module 1: Knowledge Prior To The Observation Traineeship Of The Personal care assistance And Care Professions</p> <p>Module 2: Communication Of Oral And Written Expression Applied To The Personal Service Sector</p> <p>Module 3: Daily Life Assistance Of The Personal care assistance And Care Professions</p> <p>Module 4: Conceptual Approach Of The Personal care assistance And Care Professions</p> <p>Module 5: Family Assistance: Methodology</p>	<p><i>Module/Course title</i></p> <p>Contains 4 basic sectors:</p> <p>- Children and Adolescents</p> <p>- Elderly Persons</p> <p>- First Aid</p> <p>- Social Skills</p> <p>Self-Management Skills</p> <p>Entrepreneurial Skills</p> <p>Problem-Solving Skills</p>	<p>Welcome module for the presentation of the training courses</p> <p>Module 1: Health and Social Legislation</p> <p>Module 2: Elements of Professional Ethics</p> <p>Module 3: Privacy and Security Legislation</p> <p>Module 4: Professional Profile</p>

	Validation Session	<p>Applied</p> <p>Traineeships</p> <ul style="list-style-type: none"> - of Observation : 130 hours. Necessarily accompanied. • of Insertion : 200 hours • of Integration : 250 hours 		<p>Module 5: Sociology</p> <p>Module 6: Communication Theories And Techniques</p> <p>Module 7: Psychology</p> <p>Module 8: Animation</p> <p>Module 9: Sociomedical Work Methodology</p> <p>Module 10: Home Economics</p> <p>Module 11: Hygiene</p> <p>Module12: Food</p> <p>Module 13: First Aid</p> <p>Module 14: Basic Computing</p> <p>Module 15: Rehabilitation</p> <p>Module 16: Basic Anatomy, Physiology and Pathology</p> <p>Module 17: Basic Pharmacology</p> <p>Module18: Direct Personal care assistance</p> <p>Module 19 - Traineeship</p>
	SOCIAL SKILLS (team work, listening/understanding, communication, networking, linguistic	KNOWLEDGE: Legislative and regulatory knowledge and the limits of the function (environment, safety, work, contracts, language skills)	<p>Social Skills (teamwork tools, social perception (listening, understanding), language, interculturality)</p> <p>Problem-solving skills (analytical, interdisciplinary skills, proactive, creative</p>	SOCIAL SKILLS (team work, listening/comprehension, communication, networking, linguistic and intercultural)

<p>INNOVATING SKILLS</p>	<p>and intercultural skills)</p> <p>PROBLEM-SOLVING SKILLS (analytical and interdisciplinary skills, spirit of initiative, versatility and creativity)</p> <p>SELF-MANAGEMENT SKILLS (planning, stress and time management, flexibility and versatility)</p> <p>ENTREPRENEURIAL SKILLS (supplier/client relations based on understanding, understanding and development of the activity, identification and implementation of the orientation trends)</p>	<p>SOCIAL SKILLS (team work, listening/comprehension, communication, networking, linguistic and intercultural)</p> <p>PROBLEM-SOLVING SKILLS (analytical and interdisciplinary skills, spirit of initiative, versatility and creativity)</p> <p>SELF-MANAGEMENT SKILLS (planning, stress and time management, flexibility and versatility)</p>	<p>skills)</p> <p>Self-management skills (planning, stress and time management, flexibility and multitasking)</p> <p>Entrepreneurial skills (supplier/client relations based on understanding, understanding and development of the activity, identification and implementation of the orientation trends)</p> <p>Observation skills: tact, organisation, relational and domestic practices, control of the emotions.</p> <p>Attitudes: responsibility, respect, initiative, self-starting, emotional stability, patience, flexibility, discretion and warmth</p>	<p>PROBLEM-SOLVING SKILLS (analytical and interdisciplinary skills, spirit of initiative, versatility and creativity)</p> <p>SELF-MANAGEMENT SKILLS (planning, stress and time management, flexibility and versatility)</p> <p>ENTREPRENEURIAL SKILLS (supplier/client relations based on understanding, understanding and development of the activity, identification and implementation of the orientation trends)</p>
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